



JUMPSTART & JUNIOR PARENT INFORMATION MEETING

AGENDA

- record keeping and achievements for JS & JR's
- What is the PEI ADL STAR 1-3 Competition? Is it the correct event for my skater?
- Private Lessons
- Long Term Development Planning
- Off-Season
- Other options if my child does not want to be a “freeskater”?

RECORD KEEPING AND ACHIEVEMENTS FOR JS & JR'S

- JS's finish their canskate badges in our fasttrack Jumpstart program which includes intro to STARskate
 - JS achievement in profile
 - Does anyone need a review on how to see their evaluations and achievements?
- JR's Starskate 1-5 assessment process
 - Regulated by Skate Canada
 - \$12 assessment fee
 - Results are uploaded to the Skate Canada site under your skater's name -SHOW HOW TO CREATE AND FIND

WHAT IS THE PEI ADL STAR 1-3 COMPETITION? IS IT THE CORRECT EVENT FOR MY SKATER?

- Merit Style Event
- All Juniors are eligible to attend. Do they have to? NO. This is just another opportunity in the figureskating pathways. Skaters are encouraged to attend for the experience but it is purely optional.
- Star 1 is done as a group very much like our Club Canskate Merit Events
- Star 2 & 3 have solo performances
- Your group or private lesson coach will help you determine the correct event for your skater.
- This is a club funded event
 - The club pays for one main event plus the team events
 - This year there is only one event plus team for each skater so all eligible amounts will be fully funded
 - Skater must be a SPSC home club member, we reimburse all coaches reasonable expenses
 - Skater is responsible for their registration fee to the event (except team – club will register teams)
 - Skater must submit a paid receipt from their coach for reimbursement of coaches expenses.

PRIVATE LESSONS

- Are they required? Lets break it down....
 - JS's have all group lesson time
 - JR's have $\frac{3}{4}$ group lesson time
 - As skaters progress in levels, JS to Jr, Jr to Int, Int to SR the group lesson time included in your registration decreases. This allows skaters the time to develop work ethic and provides practice time. It also allows time for private/semi private lessons

PRIVATE LESSONS

- How important are private lessons?
 - This really depends on your goals and a desire to progress at a faster pace
 - Private lessons provide more focused individual needs in a skaters development
 - As a skater grows into a more competitive role those individual needs increase

PRIVATE LESSONS

- Available times for private lessons
 - Private lessons can take place on ANY session at no additional ice cost HOWEVER, your skater may only go on the non-registered ice time for the length of the lesson
 - Thursday's additional development ice only requires the skater be at the Junior level to stay on for the full session without being in a private lesson. JS / Canskate level must be with a coach on any non registered or Thursday development ice.
 - Arrangement for private lessons are between you and the coach of your choosing. The club posts the coaches available per their permission on our website. Those not listed are not looking to pick up students for private lessons at this time.

LONG TERM DEVELOPMENT PLANNING

- HOMEWORK

- Log into your Skate Canada profile
- LTD on menu bar
- <https://ltd.skatecanada.ca/>
- <https://ltd.skatecanada.ca/star/>

Your skaters are at the STAR “learn to train” level

They quickly have the option to move into the podium pathway at the Juvenile level (once completed STAR 5)

OFF-SEASON

- Summer programming
 - Is limited on the island
 - Especially for a competitive skater (or those working towards that path), the summer is a main training period, a time for growth (out of the main competition season), and at large centres is fulltime on and off-ice. Times will vary based on your level and the program attending.
 - Some areas have a summer competition where its great to try out new programs or skate up a level before deciding which level you wish to compete for the upcoming main season.
 - For those going away for summer training it often is a “skating vacation”
- Funding
 - The PEI Section will fund part of your summer skating as long as you go for at least 3 weeks and must have completed your STAR 3 (criteria subject to change). Most skating schools are 4 – 6weeks in length. The Section will fund up to 8 weeks

OTHER OPTIONS IF MY CHILD DOES NOT WANT TO BE A “FREE SKATER”?

- Not all skaters want to be a soloist
- Not all skaters enjoy jumping and spinning etc
- Not all skaters want to skate alone
- Joining the Synchronized Skating Team is an option
 - Historically how this has been run
 - Must have been registered in the STARskate programming
 - Considerations
 - Have reached the STAR 3 level and don't want to “freeskate”
 - Started skating at a later age
 - Enjoy team sports
- Open Discussion